

# The John of Gaunt School

## Creating an Irresistible Climate for Learning in Physical Education

The Physical Education Faculty strives to develop sporting and social skills through an ever widening variety of activities. Students are guided to follow healthy lifestyles and encouraged to participate in physical activity throughout life.

Fundamental to our success are:

- Enjoyment.
- Raising Self-Confidence.
- Maximising Participation.
- Developing Leadership.
- Developing Excellence.

All students at The John of Gaunt School attend timetabled PE for 4 x 1hour lessons per fortnight. Groups are mixed ability in Year 7 and wherever possible set on ability and dynamics in Years 8 & 9.



All students complete a block of between 6-8 lessons on each sport or activity before moving on to the next. Students cover 12 sports or activities per school year.

The greater flexibility of the new National Curriculum has allowed us to be innovative in our approach to curriculum development. Beginning this year, all of Year 7 will follow an extended block covering transferable skills in invasion games, with the specific sports being seen as a vehicle for learning and not the focus.



All students are assessed in line with the new attainment targets for PE and students work towards individually tailored targets throughout the key stage. Students are assessed in their progress in applying the key processes: Developing skills, Making and applying decisions, Developing physical and mental capacity, Evaluating and improving & Making informed choices about healthy active lifestyles.

All students at The John of Gaunt School attend timetabled PE for 3 x 1hour lessons per fortnight. Students select one activity per term from a choice of 5. The PE faculty are continually trying to offer new and varied activities, wherever possible benefiting from external facilities and coaches.

There is a considerable emphasis in developing leadership through sport and all students have the option of completing the Level 1 Award in Sports Leadership during their core curriculum time.

In addition to the core curriculum, students are able to opt for GCSE and BTEC First Certificate for Sport.

### **GCSE PE (OCR)**



This course is open to all students during Years 10&11 and is consistently extremely popular. We currently have 4 groups in Year 11 and 3 in Year 10. The two year course is made up of 60% practical assessment and 40% theory assessment. All students will participate in a wide range of practical activities inside school and can also be assessed in sports outside of school. Students must use their four strongest activities for their final assessment. The practical assessment also includes coursework based on analysing performance in sport.

Theory topics are wide ranging from anatomy & physiology, skill acquisition, fitness training and sport in society. Students' knowledge and understanding of the theory topics is assessed through examination at the end of the course.

### **BTEC First Certificate in Sport (Edexcel)**

A new course for 2008-09 - students are able to opt for this qualification during Year 8 and then complete it during Years 9&10. It is also offered again within the normal options during Years 10&11. We currently have 2 groups of Year 9 students completing this course and have so far been very successful.

BTEC Sport is a two year course allowing students to achieve the equivalent of 2 GCSE A\*-C grades. As more of a vocational course than GCSE PE, it prepares those wishing to follow a career in the sports sector or continuing into higher education. Assessment is 100% coursework with students creating a portfolio of evidence throughout the course. Students follow units such as The Body in Sport, Health, Safety & Injury in Sport & The Sports Industry. The course is practical in nature although your personal performance in sport is not

## Post-16 Physical Education Courses

Students have the opportunity to study either A Level PE or BTEC National Award in Sport. In addition to fulfilling the general entry requirements for the 6<sup>th</sup> Form, it is expected that students have achieved at least a C grade in GCSE PE or a pass at BTEC First in Sport. Students who have not completed a PE examination course in Key Stage 4 will be considered on an individual basis.

### A Level Physical Education (OCR)

This course is 65% theory and 35% practical/coursework.

In Year 12 students follow the theory topics: Anatomy & Physiology, Skill Acquisition and Socio-cultural issues in sport. All theory topics have a focus towards healthy lifestyles. All theory topics are assessed in one exam paper at the end of Year 12. The practical/coursework assessment consists of performance in two sports, one of which can be as a coach or official, plus an analysing performance task.

In Year 13 students follow the theory topics: History of Sport, Sport Psychology and Exercise Physiology. All theory topics are assessed in one exam paper at the end of Year 13. The practical/coursework assessment consists of performance in one sport plus an analysing performance task.



### BTEC National Award in Sport (Edexcel)

This course also runs across 5 lessons per week and gives the equivalent of one A Level. It is more vocational than the A Level course although many of the theory topics are similar. These include The Body in Action, Leadership in Sport and Sport in Society.

Assessment is 100% coursework with practical ability not being assessed. Students are given a series of assignments where they are able to use feedback to continually improve their grade. Students can achieve a pass/merit/distinction (equivalent of C/B/A at A Level).

Students should note that you **MUST** continue this course throughout Years 12&13 if you are to gain a pass or higher

The PE Faculty pride themselves on the range of exciting extra-curricular opportunities for all students. As part of the West Wilts Sports Partnership our teams have access to a fantastic competition structure encouraging both elite performance and sport for all.

The extra-curricular timetable is updated each term and also includes clubs with a focus purely on participation and not competition. External instructors/coaches are used regularly to enhance this provision.

The challenge to all students is to ensure they are doing at least 5 hours of structured sport, whether in lessons or outside of school, every week.

Recent successes include...

Year 8 & 11 boys' rugby West Wilts runners up.

U'14 boys' basketball West Wilts champions.

U'16 boys' basketball West Wilts champions.

U'14 boys badminton West Wilts champions, Wilts champions & 5<sup>th</sup> in South West.

U'14 girls' badminton West Wilts champions.

U'16 boys' badminton West Wilts runners up.

Year 11 boys' Wiltshire football champions.



As part of the [West Wiltshire School Sports Partnership](#) and through our School Sports Coordinator we have strong links with a number of our feeder primary schools. Our sports leaders run regular sports events for primary students which includes an annual SEN fitness festival for KS1&2 students across West Wilts.

Recently, we have piloted a Monday afternoon coaching clinic where students from The John of Gaunt School can access free coaching in hockey, badminton & martial arts between 3.15-4.15pm and primary students can follow on between 4.15-5.15pm.

The PE faculty has developed strong links with a number of local sports clubs. These links include sharing of facilities, equipment, coaching and support for our students in joining the clubs.

Clubs include:

- [Trowbridge Wanderers Football Club](#)
- [Phoenix Badminton Club](#)
- Bradford on Avon Netball Club
- [Trowbridge Rugby Club](#)
- Trowbridge Academy of Boxing
- [SPAM Mountain Biking Club](#)

Students should see a member of PE staff on more details for any of these clubs.